



Arugula Pesto

YIELD: 6 servings



INGREDIENTS

MEASUREMENTS

Walnut pieces	½ cup
SupHerb Farms Fresh Frozen Arugula	1 cup
SupHerb Farms Fresh Frozen Roasted Garlic Minced	3 Tbsp
SupHerb Farms Fresh Frozen Garlic Minced	2 Tbsp
Olive oil	½ cup
Parmesan cheese	½ cup

PREPARATION

1. Toast walnut pieces in a medium pan over a medium heat for 2 minutes or until golden brown.
2. Place walnuts in a food processor. Add SupHerb Farms Fresh Frozen Arugula, Roasted Garlic and regular Garlic.
3. Pulse the mixture while adding the olive oil.
4. Remove mixture from food processor and put into a medium bowl.
5. Stir in the parmesan cheese and serve.

TO SERVE

Cook your favorite pasta and top with the pesto sauce.