

INGREDIENTS	MEASUREMENTS
Panko Topping	
SupHerb Farms Fresh Frozen Parsley Large	12 g
Panko bread crumbs	56.7 g
Parmesan cheese, fresh grated	56.7 g
Chicken	
Olive oil	56.7 g
Salt and pepper	To taste
Chicken breast – boneless/skinless	4 each
SupHerb Farms Fresh Frozen Basil Sorrel Paste	56.7 g

PANKO PREPARATION

1. Combine SupHerb Farms Fresh Frozen Parsley, bread crumbs and parmesan cheese and in a bowl.
2. Set aside.

CHICKEN PREPARATION

1. Preheat oven to 350°.
2. Season the chicken with salt and pepper.
3. Heat oil on medium in a large skillet.
4. Cook chicken for 5-7 minutes on each side and transfer to a baking dish.
5. Spread the SupHerb Farms Fresh Frozen Basil Sorrel Paste liberally over the top.
6. Top with bread crumb mixture.
7. Bake for 15 minutes until the bread crumb mixture is brown.

TO SERVE

Serve with sided dishes, such as fettuccine with chunky marinara sauce.