



Spicy and Skinny Breakfast Flatbread



YIELD: 2 servings

INGREDIENTS	MEASUREMENTS
Egg whites	1 cup
SupHerb Farms Fresh Frozen Sun-Dried Tomato Chipotle Paste	2 Tbsp
Turkey sausage patty, fully cooked and crumbled	2 Tbsp
Monterey jack cheese, shredded	¼ cup
Flatbread	1 each

PREPARATION

1. Preheat oven to 350°.
2. Add egg whites and SupHerb Farms Fresh Frozen Sun-Dried Tomato Chipotle Paste to a small mixing bowl and blend.
3. Heat a nonstick skillet on medium-high. Add egg mixture and cook.
4. Remove the skillet from the heat and place egg on top of the flatbread.
5. Top with sausage and cheese.
6. Place flatbread on a baking sheet and bake in the oven for 7 minutes, until cheese is melted.

TO SERVE

Slice flatbread in quarters and serve immediately.

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